



How to Wear Face Coverings

Put on Your Face Covering



1
Wash your hands before putting on your face covering.



2
Put it over your nose and mouth and secure it under your chin.



3
Try to fit it snugly against the sides of your face.



4
Make sure you can breathe easily.

Take Off Your Face Covering Carefully, When You're Home



1
Untie the strings behind your head or stretch the ear loops.



2
Handle only by the ear loops or ties.



3
Place covering in the washing machine or trash can if disposable.



4
Do not touch your eyes, nose or mouth when removing. Wash hands immediately.

Who should NOT use face coverings:

Children under age 2, or anyone who has trouble breathing, is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

Face coverings are NOT surgical masks or N95 respirators.

Currently, surgical masks and N95 respirators are critical supplies that should be reserved for healthcare workers and other first responders.